

An Invitation to Membership in the Bellingham Mindfulness Community

A member of the Bellingham Mindfulness Community enjoys these opportunities and benefits:

- ❖ A deepening commitment and ripening of your Mindfulness practice, which also supports the practice of others.
- ❖ An opportunity to support the existence of our physical space, with the aspiration to create a true home for Mindfulness practice in Bellingham.
- ❖ An opportunity to receive Dharma teachings with Eileen Kiera, a teacher in the lineage of Thich Nhat Hanh.
- ❖ Opportunities to participate in Sangha leadership and business.
- ❖ Receipt of regular Sangha communications.
- ❖ Discounts on classes sponsored by Bellingham Mindfulness Community.

A member of the Bellingham Mindfulness Community:

- ❖ Has a commitment to practice Mindfulness in daily life.
- ❖ Understands and aspires to support the core values, mission, and vision of the Bellingham Mindfulness Community (see Mission, Values, and Vision Statement).
- ❖ Attends regular practice opportunities with the Bellingham Mindfulness Community, including our Wednesday evening practice and Days of Mindfulness.
- ❖ Supports the work of the Sangha through mindful participation and a financial commitment.

Financial Commitment

The Dharma - our spiritual teaching, practice, and tradition - is always available to you without cost. However, we have physical expenses we share as a Sangha: rent of the practice space, utilities, and incidental supplies. We also intend to support, as a sangha, our teacher, Eileen Kiera, and Mountain Lamp, our rural practice center.

Please Complete Reverse Side of Form

Membership Application

Name(s):

Mailing Address:

Phone:

E-mail:

Do you have any particular skills that you might offer to the sangha?

Please check one of the following options:

- A minimum monthly pledge of \$10 per person, if you are on a fixed income. (*Retired, disabled, unemployed, or in school*)
- A standard monthly pledge of \$20 per person.
- A monthly pledge greater than \$20 per person, according to your income level:
\$ _____/Month
- I cannot become a member at this time, but I am enclosing a gift of \$ _____

You may pay your membership dues by monthly checks, semi-annual donations, or one lump sum for several months or a year.

You may also pay through automatic transfer to our bank account at the Whatcom Educational Credit Union. Our account number is: 262907

You may also pay through Paypal on our website: www.bellinghammindfulness.org

Please make checks payable to Bellingham Mindfulness Community. You may bring payment to a Wednesday night session, or mail to:

Membership Coordinator
Bellingham Mindfulness Community
2913 Cornwall Ave.
Bellingham, WA 98225

For questions contact: Brenda Miller, Madrone2@earthlink.net, 360-738-7230 or Danna Zelenka, dzelenka@excite.com